

Marshfield School District Wellness Committee Minutes

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**Date:** Tuesday, January 24, 2017

**Location:** Marshfield High School Library

**Time:** 3:30 p.m. – 4:30 p.m.

**Attendees:** Brittney King, Lea Hanke, Kendra Ferreyra, Theresa Balinghasay, Laura Zelenak

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- 1) Welcome and Introductions
- 2) Review December Minutes and Action Items
  - a. The December minutes were reviewed and accepted.
- 3) Farm to School Update
  - a. Stacey was not present; update will occur at next month's meeting.
- 4) Continuation of Discussion on 2017 Action Plan and New Ideas Introduced

*Purpose of the discussion was to 1) Decide whether we are moving forward on the following ideas, 2) Prioritize actions, and 3) Determine a general timeline for action(s).*

  - a. With the smaller group, the discussion veered mostly towards PBIS in the elementary schools, specifically Grant. PBIS incentives seem to be centered on food parties. Laura suggested that we take a grassroots approach, focusing on one or two schools annually. The idea is to come up with a plan for an ideal situation with PBIS incentives, recruit others that are interested – more parents, teachers, and even students, and then present it to the principal.
  - b. **Action:** Laura will draft a plan for this and send it to the rest of the committee for review.
- 5) HL-MAC Committee Updates
  - a. Local Food Expo will take place on Tuesday, March 14 at First Presbyterian Church (200 W. Lincoln Ave.) from 4:00 – 7:00 p.m. Fliers were available for distribution. **Action:** Email Theresa or Laura at [healthy.lifestyles@marshfieldclinic.org](mailto:healthy.lifestyles@marshfieldclinic.org) if you would like fliers for your schools.
- 6) Committee Member Updates
  - a. The bicycle unit (PE) may be discontinued; Brittney will keep the committee posted.
- 7) Meeting close

**Bicycle Rack (from past agendas):**

- Governor's School Health Award application
- Pedal FitDesks
- Healthy concession options at Middle School dances
- Booth at 2015 Children's Festival (cooking demonstration)
- Staff Physical Activity Program "Mileage Club"
- Marshfield Area Activity Guide – free/inexpensive activities
- Bike program might be removed @ Grant, Brittney will keep us updated

**Future Meetings**

4/18

5/16

